

Mary Made Specialties

Items subject to seasonal availability

	PIECE	WHOLE/ DOZEN
<u>Fruit Strudel</u> (Blueberry, Apple, Cherry, Peach)	3.50	55.00 20 pcs
<u>Savory Strudel</u> (Ricotta Cheese*, Ricotta Cheese* and Spinach, Vegan Vegetable) *Made in house	3.50	55.00 20 pcs
<u>Quiche of the Day</u>	6.00	
<u>Crustless Quiche</u> (Gluten Free)	3.00	
<u>Fruit Tart 4"</u>	6.50	
<u>Fruit Tart 5"</u>	7.50	
<u>Flight of Pastries</u> (12 petite pastries - Chef's Choice)		20.00
<u>Lady Finger</u> (Chocolate Squares 2" x 2")	4.25	
<u>Chocolate Eclair</u>	3.50	40.00
<u>Brownies</u> (Fudge, Cream Cheese, Non-Dairy)	3.25	39.00
<u>Coffee Cakes</u> (Apple, Apricot, Cherry, Peach, Others)	3.75	37.50
<u>Carrot Cake</u>	4.00	45.00
<u>Cheesecake Square</u>	4.00	
<u>Cheesecake Square</u> (w/ berries)	5.00	
<u>Slice of Cake</u> ***	6.00	

*** We offer a wide variety of custom made cakes for any occasion! Price varies depending on size, and type of cake. For more information, ask one of our friendly baristas for assistance, pick up one of our cake brochures at the shop or view it on line!

Cookies, Cupcakes, Scones, Muffins, and More

Items subject to seasonal availability

	PIECE	WHOLE/ DOZEN
<u>Cookies</u> (Chocolate Chip, Peanut Butter, Oatmeal Raisin, Vegan Oatmeal Raisin, Seasonal)	1.50	16.50
<u>Muffins</u> (Apple Cranberry, Blueberry, Banana Coconut, Morning Glory, Vegan Walnut Banana, Pumpkin Walnut, Raisin Bran)	3.00	33.00
<u>Scones</u> (Strawberry, Blueberry, Raspberry, Cranberry)	3.00	33.00
<u>Cupcakes</u> (Chocolate, Vanilla, Vegan, Gluten Free)	3.25	35.75
<u>Breads</u> (Pumpkin, Vegan Banana, Healthy Banana, Walnut Banana, Zucchini)	3.50	13.25
Gluten Free Banana Bread	3.75	16.50

Manic about Organic?

All of our products are made with the highest quality organic ingredients that meet National Organic Program Regulations set forth by the USDA



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www.sweetdreamsorganicbakery.com

Grilled Sandwiches

All of our sandwiches are made with fresh baked vegan ciabatta rolls and are served with a side of choice: Soup, Potato Salad, Beet Salad or Mixed Greens.

Chicken

Tender, seasoned organic, free-range chicken breast topped with creamy avocado sauce, fresh tomato, red onion, sliced avocado and mixed greens.

With Cup of Soup	12.50
With Potato, Beet Salad or Greens	12.00
A la Carte	11.00

Portabello

Lightly seasoned portabello caps topped with roasted pepper, tender-crisp zucchini, carrots, red onions, fresh tomatoes, roasted red-pepper flavored hummus and mixed greens

With Cup of Soup	12.25
With Potato, Beet Salad or Greens	11.75
A la Carte	9.75

Tofu

Firm, seasoned tofu topped with roasted peppers, tender-crisp zucchini, carrots, red onions, fresh tomatoes, roasted red-pepper flavored hummus and mixed greens.

With Cup of Soup	11.75
With Potato, Beet Salad or Greens	11.25
A la Carte	9.25

Vegetable

Tender-crisp zucchini, carrots and red onions topped with roasted peppers, fresh tomatoes and your choice of hummus or avocado sauce.

With Cup of Soup	11.50
With Potato, Beet Salad or Greens	11.00
A la Carte	9.00

Besides Themselves

	SMALL	LARGE
<u>Mixed Greens</u>	3.00	4.50
<u>Potato or Beet Salad</u>	3.50	5.00
<u>Cup of Soup</u>	4.25	
<u>Bowl of Soup</u>	6.00	
<u>Quart of Soup</u>	10.00	

All item prices include sales tax. All item prices subject to change.

Salads

All of our salads are made to order on premises with all organic ingredients.

Grilled Chicken Salad 11.50

Tender, seasoned organic, free-range chicken breast on top of a bed of mixed greens with tomatoes, red onions, cucumbers, carrots, sliced avocados and roasted red peppers with balsamic vinegar dressing.

Grilled Portabello Salad 11.25

Tender, seasoned portabello on top of a bed of mixed greens with tomatoes, red onions, cucumbers, carrots, sliced avocados and roasted red peppers with balsamic vinegar dressing.

Grilled Vegetable Salad 10.50

Zucchini, red onions, roasted red peppers and carrots on top of a bed of mixed greens with tomatoes, cucumbers, and sliced avocados with balsamic vinegar dressing.

Grilled Tofu Salad 10.25

Firm seasoned tofu on top of a bed of mixed greens with tomatoes, red onions, cucumbers, carrots, sliced avocados, roasted red peppers with balsamic vinegar dressing.

Garden Salad 5.50 small 7.50 large

Sliced avocados, cucumbers, red onion, roasted red peppers, with wedged tomatoes, shredded carrots, on top of a bed of mixed greens with balsamic vinegar dressing.

Savory Meals

Vegetable Strudel w/ Side 9.50

2 pcs of strudel with peanut dipping sauce and your choice of soup, potato, beet salad or greens.

Crustless Quiche Meal w/ Side 8.75

2 pcs of crustless quiche with your choice of soup, potato, beet salad or greens.

Quiche w/ Side 8.50

Our quiche of the day with your choice of soup, potato, beet salad or greens.

Cup of Soup and Small Garden Salad with Biscuit 9.00

Soup of the day (Chef's choice) and Garden Salad—sliced avocados, cucumbers, red onion, roasted red peppers, with wedged tomatoes, shredded carrots, on top of a bed of mixed greens with balsamic vinegar dressing—with homemade biscuit.

Kids Meals 6.50

All of our kids meals (for children 12 and under) are served with carrot and a cookie.

Child Sized Sandwich

A miniature version of our regular sandwiches served on home made ciabatta bread. Choose from chicken, portabello, vegetable or tofu.

Chicken Tenders

Three grilled chicken breast tenders served with dipping sauce (ketchup or avocado).

Grilled Cheese Sandwich

A generous portion of cheddar, provolone or swiss cheese melted between two pieces of whole wheat bread.

Peanut Butter & Jelly Sandwich

Kid classic made with chunky peanut butter and naturally sweet jam on whole wheat bread.

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Beverages

Coffees (Hot or Iced) 12 oz 16 oz 20 oz

Drip Coffee	2.50	2.75	3.00
Espresso (always a double)	2.75		
Extra Shot	1.00		
Macchiato (4 oz)	3.75		
Flavored Syrups	1.00		
Cappuccino	3.75	4.25	
Café Latte	3.75	4.25	
Café Au Lait	3.75	4.25	
Americano	2.75	3.25	
Mocha	4.25	4.75	
Hot Chocolate	3.25	3.75	
Frappes (Amaretto, Chocolate, Caramel, Hazelnut, Raspberry, Vanilla)	4.00	5.00	

Teas (Hot or Iced)

Black

(Earl Grey, Darjeeling Mohanbari, Black Currant, China Oolong Kwai flower, English Breakfast)

Chai Tea Spices and black tea served with a shot of milk or soy milk

Green Less caffeine than black tea, rich in antioxidants (Japan Sencha, Chun Mee, China Wuyuan Jasmine)

White Delicate, non-roasted leaves, much lighter on caffeine (Lemon Vanilla)

Herbal Caffeine free, usually full of fruit, spice and herbs (Ayurveda Spice Pitta, Natures Garden, Chamomile)

Roobush From the bush, no caffeine, yet closer to a black tea in taste (Plain, Orange-Peppermint)

	12 oz	16 oz	20 oz	Pot (24 oz)
Teas	2.50	2.75	3.00	4.25
Chai Tea	3.00	3.50	4.00	5.25

Juices 10 oz 16 oz

Fresh Squeezed Juices 5.00 6.00
(Apple, Orange, Carrot, Beet, Celery)

Milk 12 oz 16 oz

Hormone Free Milk 1.75 2.25
Soy Milk 1.50 2.00

Organic Catering?
YES WE CAN!



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